



## STUDENT EXCHANGE HANDBOOK

This handbook is placed on the website for your information.

**Please Note:** it refers to application forms which are NOT included in this web version

Once you have been nominated by your home university to attend University of Wales, Bangor, the International Exchanges Office will send to you an information pack which will include your own printed copy of this handbook and which will contain all the necessary forms.

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## PRACTICAL MATTERS

An information pack will be mailed to you 1 month prior to the start of term. Information on the Welcome Week programme is provided and a checklist provided giving guidance about all the action required prior to arrival.

Details of your room in Halls of Residence will also be confirmed around this time.

## ACADEMIC CALENDAR

Arrival	19 September 2004
Welcome Week	20-26 September 2004
Start of Semester 1	27 September 2004
Christmas Vacation	18 December 2004 – 9 January 2005
Assessment / Examinations of Semester 1	10 – 21 January 2005
End of Semester 1	21 January 2005
* Arrival	17 & 18 January 2005
* Orientation	19-21 January 2005
Start of Semester 2	22 January 2005
Easter Vacation	19 March – 10 April 2005
Assessment / Examinations of Semester 2	9 May – 3 June 2005
End of Semester 2	3 June 2005

\* relevant only to students commencing studies at UWB in Semester 2

Welcome week runs from 20-26 September. If you are coming to Bangor for Semester 1, you should arrive on Sunday, 19<sup>th</sup> September ready for Orientation and Welcome Week which starts on Monday 20<sup>th</sup> September.

If you are starting in Semester 2, you should arrive on Monday 17<sup>th</sup> or Tuesday 18<sup>th</sup> ready for orientation which starts on Wednesday, 19<sup>th</sup> January 2005

Students conducting project work will be individually advised of placement and arrival dates.

## ACCOMMODATION

As you will be participating in an official exchange / study abroad programme, your accommodation is guaranteed at the Ffriddoedd accommodation site.

To secure your room in University accommodation, please complete and return the enclosed accommodation application form on page 15, by 31 July 2004 to the address shown on the instructions sheet, page 16.

Further information about university halls of residence is available on:

<http://www.welcomebangor.co.uk/english/index.asp>

## COSTS OF ACCOMMODATION

2004/05 costs are as follows:

Standard self-catered:	£47 per week
Self-catered, with private bathroom:	£66 per week
Standard catered:	£72 per week

Catered, with private bathroom:

£87 per week

## **ENTERING THE UK / VISA ISSUES**

Students from a country outside the EU/EEA should contact the British Embassy or High Commission in their home country immediately for information on immigration and entry to the UK.

The letter you receive confirming your acceptance to study at University of Wales, Bangor will be suitable for immigration purposes. However, if you require an alternative confirmation letter, please don't hesitate to contact us.

For further information, please visit webpage:

[http://www.bangor.ac.uk/international/c/immigration\\_and\\_visas.php](http://www.bangor.ac.uk/international/c/immigration_and_visas.php)

## **ARRIVING IN THE UK AND TRAVEL TO BANGOR**

You will probably arrive in the UK at Manchester International Airport, Liverpool airport or one of the London airports: Gatwick, Heathrow, Stansted or Luton

**Manchester International Airport is the most convenient UK entry point for Bangor.**

### **Travelling to Bangor from Manchester International Airport**

At the airport train station, take a train for Crewe, this journey will take approximately 20-30 minutes. At Crewe, change trains and take the train for Holyhead, North Wales. Bangor is en-route and the journey time approximately 1.5 hours.

### **Travelling to Bangor from London.**

You have two main options for travelling: by Train or by Coach

#### **By train:**

The London railway terminal for trains to Bangor is Euston Station. Catch a train for Holyhead - North Wales or to Crewe (or another destination further than Crewe).

The train to Holyhead is direct and you will not need to change trains at all during this journey. Bangor is en-route, 3.5 - 4 hours journey time from London Euston.

If you catch the train to Crewe, you will need to change trains at Crewe and take an onward train to Holyhead-North Wales. Bangor is en-route, approximately 1.5 hours journey time from Crewe.

Reaching Euston Train Station from Heathrow International Airport: You can take either the underground train network / tube (as it's usually called) or take a coach.

On the tube, take the Piccadilly line from Heathrow tube station. Change at Leicester Square tube station and take the Northern Line to Euston Station.

By Coach, take the A2 Airbus coach service from Heathrow airport to Euston train station.

Reaching Euston Train Station from Gatwick International Airport: Take a train direct to London Victoria Station, then take the Victoria Line on the Underground train network or tube (as it's usually called), direct to London Euston.

#### **By coach:**

The Coach terminal for buses to Bangor is London Victoria. Take the National Express coach number 545 to Bangor.

### **Bus Information and Timetable**

The National Express website address is: <http://www.nationalexpress.com/neh.cfm>

### **Train Information and Timetable**

You can search for train timetables and fares on <http://www.railtrack.co.uk> and click on 'timetables' or telephone the Train Information line on: 00 44 8457 484950

### **ARRIVING IN BANGOR**

We suggest that you aim at arriving in Bangor on Sunday 19/9, 1 day before Welcome Week if starting in Semester 1 and for Semester 2 on Monday 17/1 or Tuesday 18/1, 1 week before the semester starts on 24 January. Please inform the International Office of your scheduled arrival time by completing the 'Confirmation of Arrival' form on page 17, so we may arrange to meet you on arrival at the Bangor train or bus station.

### **WELCOME PROGRAMME AND REGISTRATION**

A full one week programme is held for visiting students at the beginning of the academic year and half week programme for students arriving for Semester 2. The programme includes:

- faculty meetings and departmental meetings with tutors and lecturers where final selection of modules are discussed and confirmed
- formal registration
- Students Union' activities
- International Students' Orientation

# ACADEMIC MATTERS

## THE STUDY ABROAD PROGRAMME

When students undertake a study visit to University of Wales, Bangor, it is usually for 1 semester (4-5 months) or for a whole academic year (2 semesters - approximately 8 months). Most modules are assessed at the end of the semester giving students the flexibility to attend for half or a whole year. A full load of credits is 60 per semester, 120 per academic year.

## COURSE STRUCTURE

The structure of under-graduate degree courses are as follows:

- duration: 3 years normally, although a few are 4 years eg language courses which require students to spend the 3rd year in a country where the language is spoken
- credits: in order to achieve an honours degree, students must obtain 360 credits over the 3 years.  
120 credits are obtained in each of the 3 academic years, 60 credits for each semester
- modules: modules are valued as follows  
half module = 5 credits  
single module = 10 credits  
double module = 20 credits  
quadruple module = 40 credits  
the majority of undergraduate modules are single modules.
- credit load: Students normally take 60 credits in 1 semester eg 6 single modules. It may be possible however for visiting non-graduating students to take a lighter credit load and take a reduced number of modules/credits, provided this has been agreed by the home University. This can enable students to give greater attention to the modules selected. It is not permitted to undertake a programme of study of more than 70 credits in 1 semester.
- level: credits are awarded at different levels:  
Level 1: modules typically studied in the first year of a full-time degree scheme.  
Level 2: modules typically studied in the second year of a full-time degree scheme.  
Level 3: modules typically studied in the third and / or final year of a standard full-time degree scheme.  
Level 4: Modules typically studied in the fourth and / or final year of an extended full-time degree scheme.

The first figure in a module code will reflect the level of the module.

Visiting US students are normally in their 3<sup>rd</sup> or 4<sup>th</sup> year of their degree course and therefore select level 2 and 3 modules. Level 1 modules can also be taken, particularly if taking a subject not studied previously.

The method of teaching at British Universities may be very different to that of your home University. The number of hours spent in formal lectures each week is lower, but this does not mean there's less work to do! Students are required to spend a greater proportion of their time pursuing independent study - reading supporting material and conducting independent research.

Each module is assessed according to its content: by assignments, practical work, orals, and

examinations.

Students must attend lectures, seminars, tutorials, examinations or other prescribed activity, and must complete and submit the prescribed coursework by the set date and to the satisfaction of the departments concerned.

For more advice on studying in the UK look-up the following websites:-

The British Council: <http://www.britishcouncil.org>

UKCOSA: <http://www.ukcosa.org.uk> click on 'Advice for Students' and then on 'Study Related'

## **ECTS / EUROPEAN CREDIT TRANSFER SYSTEM**

The ECTS is a common European credit system designed to enable mobile students to convert credits achieved into their home University's credit system via ECTS. It has been adopted by many European Universities and some further afield, eg Canada.

The conversion of credits between University of Wales, Bangor and the European Credit Transfer System.

The ECTS is based on student workload including self study and award 60 credits for one complete year of study, compared with 120 credits in UWB. There is an obvious correspondence between ECTS and UWB's system, with one ECTS credit being worth two UWB credits. The following table gives an indication of the the transfer of credit from the UWB system to the ECTS system:

### **Conversion of UWB Credit to ECTS Credit**

	UWB credit	ECTS credit
half-module	5 credits	2.5 credits
single module	10 credits	5 credits
double-module	20 credits	10 credits
quadruple-module	40 credits	20 credits

Students taking a whole semester abroad in their period of study, and registering for 60 UWB credit points will on successful completion of the modules be awarded 30 ECTS credit points. The credits will be valued at the appropriate Level for the module.

### **University of Wales, Bangor and ECTS Grading**

Each country has its own system of grading student performance and there may well be different systems used within the same establishment. To overcome this problem ECTS has a common ECTS evaluation scale and presentation of individual performance, and a table of equivalence has been approved by the University of Wales to assimilate the marks given to ECTS students by partner institutions (see Table 2). Please note that this should function as a guideline for grade conversion.

## University of Wales Conversion Scale for Undergraduate Awards

ECTS Grade	Percentage	Comments on Performance	Honours Classification for Degree Performance
A	90-100	Work of exceptional performance	1
	80-89		
	70-79		
B	67-69	Work of very good performance	2(i)
	64-66		
	60-63		
C	57-59	Work of average performance	2(ii)
	54-56		
	50-53		
D	47-49	Work of satisfactory performance	3
	44-46		
	40-43		
E	35-39	Marginal Fail	Pass
F	31-34	Fail	Fail
	16-30		
	0-15		

Further information on ECTS at webpage: <http://www.bangor.ac.uk/international/erasmus/ects.php>

### SELECTING A STUDY PROGRAMME

Details of courses can be obtained in a number of ways:

- 1 Look-up the web-pages of the School / Department of interest from:  
<http://www.bangor.ac.uk/informationabout/depts.php>
- 2 Look-up the online gazettes of modules on: <http://admint.bangor.ac.uk/gazonline>  
Here you can search degree courses and modules as follows;
  1. Degree courses offered by Schools and/or Departments
  2. Modules offered by a School and/or Department
  3. View details of specific modules
- 3 Refer to the Undergraduate prospectus for individual details of each of the degree courses. This information will give an overview of the aims and objectives of the course as a whole as well as listing all the modules included. This is available from the Marketing and PR office.

## LEARNING AGREEMENT

The study programme will be agreed between three parties:

1. yourself - the student
2. your home university - the sending institution
3. University of Wales, Bangor - the receiving institution.

This will form the basis of the Learning Agreement which must be signed by the student, UWB departmental co-ordinator and the UWB International Officer during the commencement of the course. The form will be faxed by UWB International Office to the tutor of the sending institution for approval and signature. On signing by the home institution, the Learning Agreement will be returned by fax to the UWB International Office. Students are informed by email to call into the UWB International Office to collect their copy of their approved study programme and a copy will kept on file.

### Amending the Study Programme

If a student wishes to make any changes to the approved study programme, he/she will be required to seek the approval of the UWB school / department and the home university.

It is possible to change the choice of modules within the first 2 weeks of a semester provided:

1. the student completes a 'Change of Module Form' signed by the co-ordinator for visiting students in the department concerned and countersigned by a Faculty Officer (Dean or Sub-Dean) and then returned to the Student Records Office
2. the student completes the reverse side of the Learning Agreement giving details of the discontinued modules and the replacement modules, signed by the co-ordinator for visiting students in the department concerned and countersigned by the International Office. UWB will inform the home university by the same means as described above.

The Learning Agreement forms are found at the end of this booklet.

## TRANSFERRING CREDITS

Naturally, visiting students need to transfer credits achieved at University of Wales, Bangor to their home University to count towards their degree programmes. Transcripts listing the study programme including module title, module codes, module level and grade achieved are issued at the end of the study period. Transcripts are normally issued a few months after the end of the semester, once examination results have been externally verified. Students are requested to provide a forwarding address for transcripts.

## COURSE FEES

**No tuition fees are charged of exchange students.** In some cases, fees may be charged for field trips, location visits etc. These fees will be paid by all participating students.

For your information, course fees in 2004/05 are as follows

	INTERNATIONAL STUDENT		EUROPEAN UNION STUDENT *	
Duration	1 Semester	1 Year	1 Semester	1 Year
Undergraduate degree	£3,750 Arts £3,900 Science	£7,500 Arts £7,800 Science	£575 (2003/04 fee)	£1,125 (2003/04 fee)

## ENGLISH LANGUAGE COURSES

If you wish to improve or polish your English before you start your course at Bangor, the University's ELCOS unit offers a range of courses in English as a second language. Courses include:

- 1 Pre-sessional course - a preparation for studying and joining lectures at Bangor. Depending on your needs, you may join 1, 2 or 3 month courses.  
1 month course 25/08/2003 - 19/09/2003  
2 month course 28/07/2003 - 19/09/2003  
2 month course + 1 month General English course  
30/06/2003 - 19/09/2003
- 2 Courses run during Semesters 1 + 2:  
Advanced Speaking and Listening  
Advanced Communicative Grammar and Writing, 1+2  
Advanced Vocabulary

The following courses are offered for students who already have an advanced level when they come to Bangor:

Advanced Integrated English Skills, 1+2  
Business English, 1+2

You can enrol on these courses after you've arrived in Bangor.

Preparatory Evening Classes for the following Certificates:

First Certificate in English  
Cambridge Advanced English  
Cambridge Proficiency  
Examinations held December and June

If you wish to receive further details contact: Tony Pearson, ELCOS, University of Wales Bangor, Gwynedd, North Wales, LL57 2DG UK Tel + 44 1248 382252 Fax: +44 1248 383784  
E-mail: [elcos@bangor.ac.uk](mailto:elcos@bangor.ac.uk) Webpage : <http://www.bangor.ac.uk/english/elcos/elcos.htm>

## **SCHOOL / DEPARTMENTAL CONTACTS**

### **FACULTY OF SCIENCE AND ENGINEERING**

School of Agricultural and Forest Sciences

Ms Chris Parry

Tel: + 44 1248 382281

Email: [c.parry@bangor.ac.uk](mailto:c.parry@bangor.ac.uk)

School of Biological Sciences

Dr Mark Hooks

Tel: + 44 1248 382297

Email: [m.a.hooks@bangor.ac.uk](mailto:m.a.hooks@bangor.ac.uk)

Department of Chemistry

Dr Peter Holiman

Tel: + 44 1248 382375

Email: [p.j.holiman@bangor.ac.uk](mailto:p.j.holiman@bangor.ac.uk)

School of Informatics

Dr Thomas Varsamidis

Tel: + 44 1248 382752

email: [thomas@informatics.bangor.ac.uk](mailto:thomas@informatics.bangor.ac.uk)

School of Ocean Sciences

Dr Sarah Jones

Tel: + 44 1248 382892

Email: [oss046@bangor.ac.uk](mailto:oss046@bangor.ac.uk)

School of Psychology

Dr Enlli Thomas

Tel: + 44 1248 388180

Email: [enlli.thomas@bangor.ac.uk](mailto:enlli.thomas@bangor.ac.uk)

School of Sport, Health and Exercise Sciences

Mrs Pat Thomas

Tel: + 44 1248 382756

Email: [p.a.thomas@bangor.ac.uk](mailto:p.a.thomas@bangor.ac.uk)

### **FACULTY OF HEALTH STUDIES**

School of Nursing and Midwifery

Dr Ann Illsley

Tel: + 44 1248 383134

Email: [aos406@bangor.ac.uk](mailto:aos406@bangor.ac.uk)

### **FACULTY OF EDUCATION**

Mr Bryn Tomos

Tel: + 44 1248 383051

Email: [i.b.tomos@bangor.ac.uk](mailto:i.b.tomos@bangor.ac.uk)

## **FACULTY OF ARTS AND SOCIAL SCIENCES**

School for Business and Regional Development  
Mr Brian Jones  
Tel: + 44 1248 383280  
Email: [b.m.jones@bangor.ac.uk](mailto:b.m.jones@bangor.ac.uk)

Department of English  
Dr Ian Gregson  
Tel: + 44 1248 382112  
Email: [i.gregson@bangor.ac.uk](mailto:i.gregson@bangor.ac.uk)

Department of Linguistics  
Dr Frank Gooding  
Tel: + 44 1248 382265  
Email: [f.g.gooding@bangor.ac.uk](mailto:f.g.gooding@bangor.ac.uk)

Department of Modern Languages

French  
Dr Ben Fisher  
Tel: + 44 1248 382121  
email: [b.j.fisher@bangor.ac.uk](mailto:b.j.fisher@bangor.ac.uk)

German  
Dr Carol Tully  
Tel: + 44 1248 382132  
email: [c.tully@bangor.ac.uk](mailto:c.tully@bangor.ac.uk)

Spanish  
Dr Elaine Canning  
Tel: + 44 1248 382041  
Email: [e.canning@bangor.ac.uk](mailto:e.canning@bangor.ac.uk)

Italian  
Dr Laura Rorato  
Tel: + 44 1248 382130  
email: [l.rorato@bangor.ac.uk](mailto:l.rorato@bangor.ac.uk)

Department of History  
Dr Peter Shapely  
Tel: + 44 1248 383815  
Email: [his027@bangor.ac.uk](mailto:his027@bangor.ac.uk)

Department of Theology and Religious Studies  
Dr Catrin Williams  
Tel: + 44 1248 38 2079  
Email: [rss013@bangor.ac.uk](mailto:rss013@bangor.ac.uk)

School of Social Sciences  
Mrs Shirley Harris  
Tel: + 44 1248 383299  
Email: [sos016@bangor.ac.uk](mailto:sos016@bangor.ac.uk)

School of Music  
Ms Rachel Ley  
Tel: + 44 1248 383809  
Email: [r.ley@bangor.ac.uk](mailto:r.ley@bangor.ac.uk)

## **LIVING AND STUDYING IN BANGOR**

## **LIBRARY AND INFORMATION SERVICES**

To help our students' studies, a wide range of learning resources is provided with the support of our experienced staff.

Our libraries contain an extensive collection of books and journals, databases, videos, CD's with listening and viewing facilities, micro material and access to the Internet. These are available during the day, evenings and during weekends.

Computer services include a newly opened computer centre, open access microcomputer laboratories, a computer help desk on hand to help you with any IT enquiries, computing and IT courses, access to the Internet and your very own personal e-mail address.

All students are given a library card and a personal email address. For more details about our Information Services, look up our website on:- <http://www.bangor.ac.uk/is.php>

## **STUDENT SUPPORT**

We aim to ensure that a study abroad period is a happy and productive time for students. To enable students to make the most of their stay, a range of professional services are available at the Student Services Centre to assist with matters including: healthcare, counselling, disability or additional needs, changing courses, International student matters, careers guidance, accommodation. For more general information about student support, look up the website on:

<http://www.bangor.ac.uk/ar/main/ssc/home.htm>

## **INTERNATIONAL WELFARE ADVISER**

We have a member of staff dedicated to International students at Bangor who takes care of students' welfare and who organises a range of events e.g. coach trips to Stratford on Avon – the home of Shakespeare, International student meetings etc. The adviser is also there to advise and assist you with many aspects of your life in Bangor. Look up the website on:

<http://www.bangor.ac.uk/international/living/>

## **PERSONAL TUTOR**

Each student has his/her personal tutor who will provide advice and support on academic issues. The tutor may also be the first point of contact for more personal or welfare matters.

## **THE STUDENTS' UNION WELFARE SERVICES**

The Students' Union Sabbatical Welfare Officer is an annually elected officer, responsible for running the Welfare Centre and all its related activities. He/she is also the official head of Nightline (see below) and responsible for representing students on many committees. For further details, look-up the website on: <http://www.undeb.bangor.ac.uk/sarc/>

## **HEALTH AND INSURANCE**

Students must ensure they have arranged adequate personal and travel insurance for the duration of the placement at UWB.

If you studying at Bangor for 6 months or more:

You can get free treatment from the NHS (National Health Service) from the beginning of your stay,

whatever your nationality.

If you are studying at Bangor for less than 6 months and from outside the EU/EEA you may be charged for NHS medical services. It is therefore advisable for students attending for 1 semester only to take out suitable medical insurance cover prior to travel to the UK.

All students are required to register with a local GP (General Practitioner, ie Doctor) and information on local Doctor's practices, services and procedures is sent to all new students prior to arrival.

The University has contracted a local Doctor's practise to provide special services for students. Student only clinic sessions which you can attend without an appointment are held every weekday in addition to routine surgeries.

Also at the Doctor's practise, a Practice Nurse is available every weekday to deal with family planning, vaccinations, health checks etc

A Student Health Nurse is available every weekday at the Student Services centre and will also visit students in their accommodation when necessary. For further details, look-up:

<http://www.bangor.ac.uk/international/living/StudentHealthCare.php>

## **COST OF LIVING**

This information should give you an indication of the cost of living at Bangor.

<b>LIVING COSTS</b>	<b>1 academic year £ sterling</b>	<b>1 semester £ sterling</b>
Food                      £28 per week	1036	518
Other eg toiletries      £2 per week	74	37
Laundry                    £5 per week	185	92.50
Books                      £400 per academic year	400	200
Clothes                    £500 per academic year	500	250
Telephone                £5 per week	185	92.5
Social life                £20 per week	740	360
Insurance                £50 per academic year	50	30
Travel from airport to Bangor, Bangor to airport at beginning and end of academic year / semester (1 return journey)	80	80
<b>TOTAL</b>	<b>£3,250</b>	<b>£1,660</b>

## **THE WEATHER AND SEASONS**

The weather in Britain although mild, can be unpredictable. You will therefore need warm clothing and

a waterproof coat whatever time you visit. We can, however enjoy wonderful clear and dry weather anytime during the year. Generally, the weather becomes warmer around April/May and can last until the end of September, during which time you will need lighter clothing of shorts and sleeveless tops.

## THE STUDENTS' UNION

The Union plays a major role in our students' life. A team of sabbatical and non-sabbatical student officers together with University staff are on hand to co-ordinate activities and support our students with personal, welfare, community and social matters:

Sabbatical officers include: President, Clubs and Associations Officer, Athletic Union Officer, Welfare Officer (see WELFARE section), Community Action Officer, Welsh Students' Officer,

Social activities co-ordinated by the Students' Union include:

Clubs and Societies Student-run clubs and societies cover a range of hobbies and interests - there's something for everyone!

You will find we have a wide spectrum of clubs organised and run by students which include Performing Arts, Photography, Archaeology, Mountaineering, Rock Music, campaign societies such as the environmental 'Earth First', International and Religious societies, to name only a few.

### Sports

The Students' Union plays a large part in organising a wide range of it has 50 clubs including football, ju-Jitsu, squash, sailing, horse riding, tennis, volleyball, canoeing, mountain walking, K-Aikido to name only a few!

For more details, look up the Students; Union website on: <http://www.undeb.bangor.ac.uk>

## STUDENT LIFE

### SOCIAL LIFE

There's no doubt that students remember Bangor for the 'good times' and the quality of the 'student experience'. Bangor attracts active and energetic students who play a major role in defining the nature of this student community. Because it's such an active community, students can take part in an array of activities, so we find that unlike many other universities, our home students from the UK students choose to stay in Bangor at weekends rather than return home - so it's a thriving, busy community all week long.

### ENTERTAINMENT

You'll always be able to choose from a range of entertainment at Bangor:

- *Plaza Cinema* showing the latest film releases
- Two nightclubs; *Time* at the Students' Union, and *The Octagon*
- A range of cafes and restaurants including Italian, Indian, Greek, Chinese, Cantonese
- Classical Music Concerts are regularly held at the University - in fact we have one of the most exciting and varied programmes of concerts available at any British university.
- A regional theater stages live theatre performances and shows films and is conveniently situated next to the Students' Union

### OUTDOOR LIFE

One of the most striking features of the area is its beautiful landscape. Enjoy the natural beauty of Snowdonia: outdoor pursuits, mountain walking, rock climbing, orienteering etc.

Similarly, the lakes and seas around North Wales also play host to a range of watersporting activities including windsurfing, diving, sailing and canoeing. The magnificent beaches and coastline of Gwynedd and nearby Anglesey can be enjoyed your leisure; sandy bays and coastal walks.

Hire bikes and follow designated cycle routes through rural landscapes, along the shores of the Menai Straits and along valley floors taking in the dramatic views and the pure fresh air.

For more details about the County of Gwynedd look-up:  
[http://www.gwynedd.gov.uk/tourism\\_leisure/index.english.htm](http://www.gwynedd.gov.uk/tourism_leisure/index.english.htm)

For more details about the island of Anglesey look-up:  
<http://www.ynysmon.gov.uk/english/tourism/index.htm>

For more details about Wales look-up: <http://www.visitwales.com>