

The Schrödinger versus the Heisenberg picture

First recall properties of unitary transformations:

$$|\alpha\rangle \Rightarrow \hat{U}|\alpha\rangle = |\alpha'\rangle$$

$$|\beta\rangle \Rightarrow \hat{U}|\beta\rangle = |\beta'\rangle$$

$$\langle\beta|\alpha\rangle \Rightarrow \langle\beta|\hat{U}^\dagger\hat{U}|\alpha\rangle = \langle\beta|\alpha\rangle = \langle\beta'|\alpha'\rangle$$

$$\begin{aligned} \langle\beta|\hat{A}|\alpha\rangle &\Rightarrow \langle\beta|\hat{U}^\dagger\hat{A}\hat{U}|\alpha\rangle = \\ &= \langle\beta'|\hat{A}|\alpha'\rangle = \\ &= \langle\beta|\hat{A}'|\alpha\rangle \end{aligned}$$

↑  
arbitrary  
observable

This says that  
if we change

the states of the system, i.e. go from  $|\alpha\rangle \Rightarrow |\alpha'\rangle$   
 $|\beta\rangle \Rightarrow |\beta'\rangle$

and leave the operator  $\hat{A}$  unchanged  $\Rightarrow$  this would be equivalent to leaving the same states

$|\alpha\rangle, |\beta\rangle$  and changing the operator to  $\hat{U}^\dagger\hat{A}\hat{U} = \hat{A}'$

Case 2

Example: translation in space  $\Rightarrow \hat{U}_{d\vec{x}} = \hat{I} - \frac{i}{\hbar} \vec{P} \cdot d\vec{x}$  (2)

Let's find out how the expectation value of the position operator changes upon translation:

1) Case 1

$$|\alpha\rangle \Rightarrow |\alpha'\rangle = \hat{U}_{d\vec{x}} |\alpha\rangle = \left( \hat{I} - \frac{i}{\hbar} \vec{P} \cdot d\vec{x} \right) |\alpha\rangle$$

$$X \Rightarrow X \quad (\text{does not change)}$$

$$\langle X \rangle = \langle \alpha' | X | \alpha' \rangle = \langle \alpha | \left( \hat{I} + \frac{i}{\hbar} \vec{P} \cdot d\vec{x} \right) X \left( \hat{I} - \frac{i}{\hbar} \vec{P} \cdot d\vec{x} \right) | \alpha \rangle = \langle X \rangle + \langle dX \rangle$$

2) Case 2

$$|\alpha\rangle \Rightarrow |\alpha\rangle \quad (\text{does not change})$$

$$X \Rightarrow X' = \hat{U}_{d\vec{x}}^\dagger \hat{X} \hat{U}_{d\vec{x}} = \left( \hat{I} + \frac{i}{\hbar} \vec{P} \cdot d\vec{x} \right) \hat{X}$$

$$\cdot \left( \hat{I} - \frac{i}{\hbar} \vec{P} \cdot d\vec{x} \right) = \hat{X} + \frac{i}{\hbar} \left[ \vec{P} \cdot d\vec{x}, \hat{X} \right] =$$

$$= \hat{X} + \frac{i}{\hbar} d\vec{x} \left[ \underbrace{P_x}_{-i\hbar}, \hat{X} \right] = P_x dx + P_y dy + P_z dz$$

$$= \hat{X} + d\hat{X}$$

So, the expectation value  $\langle \hat{X} \rangle \Rightarrow \langle \hat{X} \rangle + \langle d\hat{X} \rangle$   
is the same in both cases!

Now back to time translations  $\Rightarrow$

(3)

$$\begin{aligned} |\alpha\rangle &\Rightarrow |\alpha'\rangle = \hat{U}(t, t_0) |\alpha\rangle \\ A &\Rightarrow A \text{ (does not change)} \end{aligned} \left. \vphantom{\begin{aligned} |\alpha\rangle &\Rightarrow |\alpha'\rangle = \hat{U}(t, t_0) |\alpha\rangle \\ A &\Rightarrow A \text{ (does not change)} \end{aligned}} \right\} \begin{array}{l} \text{the} \\ \text{Schrödinger} \\ \text{picture} \end{array}$$

$$\begin{aligned} |\alpha\rangle &\Rightarrow |\alpha\rangle \text{ (does not change)} \\ A &\Rightarrow A' = \hat{U}^\dagger A \hat{U} \end{aligned} \left. \vphantom{\begin{aligned} |\alpha\rangle &\Rightarrow |\alpha\rangle \text{ (does not change)} \\ A &\Rightarrow A' = \hat{U}^\dagger A \hat{U} \end{aligned}} \right\} \begin{array}{l} \text{the} \\ \text{Heisenberg} \\ \text{picture} \end{array}$$

$\Downarrow$

$$|\alpha, t_0; t\rangle_S = \hat{U}(t, t_0) |\alpha, t_0\rangle$$

$\uparrow$  Schrödinger picture       $\underbrace{\hspace{10em}}_{\parallel e^{-\frac{i}{\hbar} \hat{H}(t-t_0)}}$

$$|\alpha, t_0; t\rangle_H = |\alpha, t_0\rangle$$

$\uparrow$  Heisenberg picture

$$A_S(t) = A_S(0) = A_H(0)$$

$$A_H(t) = \hat{U}^\dagger(t, t_0) \underbrace{A_H(0)}_{\parallel A_S} \hat{U}(t, t_0)$$

Expectation values at time  $t$  :

(4)

$$\begin{aligned} \langle A \rangle_S &= \langle \alpha, t_0; t | A_S | \alpha, t_0; t \rangle = \\ &= \langle \alpha, t_0 | \hat{U}^\dagger A_S \hat{U} | \alpha, t_0 \rangle = \langle \alpha, t_0 | A_H(t) | \alpha, t_0 \rangle = \\ &= \langle A \rangle_H \end{aligned}$$

So, in the Schrödinger's picture  $\Rightarrow$  solve Schrödinger's equation to find time evolution of  $|\alpha, t_0; t\rangle$

In the Heisenberg's picture  $\Rightarrow$  solve the Heisenberg equation of motion to find how the operator

$A_H$  changes with time. What is this equation

of motion?  $\Rightarrow A_H(t) = \hat{U}^\dagger(t, t_0) A_S \hat{U}(t, t_0)$

$$\frac{dA_H}{dt} = \frac{\partial \hat{U}^\dagger}{\partial t} A_S \hat{U} + \hat{U}^\dagger \frac{\partial A_S}{\partial t} \hat{U} + \hat{U}^\dagger A_S \frac{\partial \hat{U}}{\partial t} =$$

$$= -\frac{1}{i\hbar} \hat{U}^\dagger \hat{H} A_S \hat{U} \oplus$$

since  $A_S$  does not depend on time!

$$\oplus \hat{U}^\dagger A_S \hat{H} \hat{U} \cdot \frac{1}{i\hbar} \ominus$$

Recall Eq. (15.1)

from Lecture #15

(Schrödinger equation

for the propagator  $i\hbar \frac{\partial \hat{U}}{\partial t} = \hat{H} \hat{U}$ )

$$\textcircled{=} \frac{1}{i\hbar} \hat{U}^\dagger [A_S, \hat{H}] \hat{U} = \frac{1}{i\hbar} \left( \hat{H} \hat{U}^\dagger A_S \hat{U} + \underbrace{\hat{U}^\dagger A_S \hat{U}}_{\text{"}A_H\text{"}} \right) \quad \textcircled{5}$$

for time-independent  $H \Rightarrow$

$$\hat{U}(t, t_0) = e^{-\frac{i}{\hbar} \hat{H}(t-t_0)} \Rightarrow$$

$$[\hat{U}, \hat{H}] = 0$$

$$+ \underbrace{\hat{U}^\dagger A_S \hat{U} \hat{H}}_{\text{"}A_H\text{"}} = \frac{1}{i\hbar} [A_H, H] = \frac{dA_H}{dt}$$

Equation of motion  
in the Heisenberg  
picture

⇓  
very similar form to  
what we had last time  
for the expectation values!

### Example

Derive the equations of motion of a free particle  
of mass  $m$  for the position and momentum.

⇓

Free-particle Hamiltonian  $\Rightarrow H = \frac{P_x^2 + P_y^2 + P_z^2}{2m}$

$$\frac{dP_i}{dt} = \frac{1}{i\hbar} [P_i, H] = \frac{1}{i\hbar} \left[ P_i, \frac{P_x^2 + P_y^2 + P_z^2}{2m} \right] = 0$$

( $i = x, y, z$ )  $\Rightarrow$

for a free particle  $P_i$  is a constant of motion ⑥

What about  $\vec{R}$ ?  $\Rightarrow \vec{R} = (X, Y, Z) \equiv$

$$\frac{dR_i}{dt} = \frac{1}{i\hbar} [R_i, H] =$$

↑  
position operator in 3D

$$= \frac{1}{i\hbar} \left[ R_i, \frac{P_x^2 + P_y^2 + P_z^2}{2m} \right] = \frac{1}{2mi\hbar} \left( [X, P_x^2] \text{ or } [Y, P_y^2] \text{ or } [Z, P_z^2] \right)$$

← depending on i

$$= \frac{1}{m} P_i$$

$$[X, P_x^2] = [X, P_x] P_x + P_x [X, P_x] = 2i\hbar P_x$$

Since we just obtained that  $P_i$  is a constant of motion, i.e.  $P_i \neq f(t) \Rightarrow$  integrate

$$R_i(t) = R_i(0) + \frac{P_i}{m} t \quad \Leftarrow \quad \frac{dR_i}{dt} = \frac{P_i}{m} \text{ out}$$

(Note: very similar to classical-mechanical trajectory equation!)

What's not classical-mechanics - like though is that  $[R_i(t), R_i(0)] \neq 0$  !

Although we know that  $[R_i(0), R_j(0)] = 0$  → for any i,j

$$[R_i(t), R_i(0)] = \left[ \frac{P_i}{m} t, R_i(0) \right] = -\frac{i\hbar t}{m}$$

(e.g.  $[X, Y] = [Y, Z] = 0$ ,  $[X, X(0)] = 0$ )

So that the uncertainty relation (7)  
in its general form  $\langle (\Delta A)^2 \rangle \langle (\Delta B)^2 \rangle \geq \frac{1}{4} \cdot |\langle [A, B] \rangle|^2$ .

in the case of  $A = R_i(t)$  is  
 $B = R_i(0)$

$$\langle (\Delta R_i(t))^2 \rangle \cdot \langle (\Delta R_i(0))^2 \rangle \geq \frac{1}{4} \cdot \left| \langle -\frac{i\hbar t}{m} \rangle \right|^2$$
$$\Downarrow = \frac{\hbar^2 t^2}{4m^2}$$

This means that if  
the particle is well-localized at  $t=0$ ,  
i.e.  $\Delta R_i(0)$  is small  $\Rightarrow \Delta R_i(t)$  is large,  
i.e. with time the position of the particle  
becomes more and more uncertain!

Homework: Spreading of the wave packet  
with time.

Now place the particle in a potential  $V(\vec{R})$  ⑧

$$H = \frac{\vec{P}^2}{2m} + V(\vec{R}) \Rightarrow$$

Equations of motion  $\Rightarrow \frac{dP_i}{dt} = \frac{1}{i\hbar} [P_i, H] =$   
 $= - \frac{\partial V(\vec{R})}{\partial R_i} \neq 0$

see Lecture # 16

$$\frac{dR_i}{dt} = \frac{1}{i\hbar} [R_i, H] = \frac{P_i}{m} \leftarrow \text{still the same, but now } P_i \text{ is not a constant of motion.}$$

$$\frac{d^2 R_i}{dt^2} = \frac{1}{m} \frac{dP_i}{dt} = - \frac{1}{m} \frac{\partial V(\vec{R})}{\partial R_i} \Rightarrow$$

back to vectorial form

$$m \frac{d^2 \vec{R}}{dt^2} = - \vec{\nabla} V(\vec{R}) \leftarrow \text{QM analog of the Newton's law!! (has meaning only in the Heisenberg picture)}$$

$$m \frac{d^2 \langle \vec{R} \rangle}{dt^2} = - \langle \vec{\nabla} V(\vec{R}) \rangle \leftarrow \text{expectation values law}$$

valid for both  $\Leftarrow$  Ehrenfest theorem  
 Schrödinger & Heisenberg pictures since expectation values are picture-independent